

The Heartland Healing Arts Center and Namaste Yoga Center

Open House!

*Friday February 10, 4-7pm
907 Clocktower Drive*



Open up to renewal in 2012, and find out all the ways
complementary healing can enrich your life...

- **Naprapathy**
- **EMDR & Theraplay®**
- **Psychotherapy: Individual, Couples, Families & Children**
- **Relaxation Techniques, Guided Imagery & Hakomi Method**
- **Healing Touch, Energy Therapy & Breath-Work**
- **Yoga Therapy, Yoga for Kids & Moms, Yoga for Trauma & PTSD**
- **Ayurvedic Healing & Individualized Therapy**

**Come join us for hors d'oeuvres, beverages, entertainment, conversation and
discovery of new perspectives on health and healing!**

Dr. Ann Bova, Naprapath; Kristal Perry-Gutierrez, MA, LCPC; Sandy
McDermott, LCPC, NCC; Carley Mattimore, MS, LCPC, Healing Touch;
Justina Schacht, Certified Ayurvedic Educator, RYT-500